

6th - 19th April 2026 Easter Holiday

Address: Elswick Community Pool and Gym, NE4 6RS. Tel: 0191 481 4101 Email: info@elswickpool.co.uk

Pool Timetable

Monday

06:00 - 08:45 Adults Only Lane Swim
 09:00 - 09:45 Ladies Only Aquafit
 09:45 - 10:45 Female Adults Only (**Ladies Swim Lessons**)
 11:00 - 12:00 Public Swim
 12:00 - 13:00 Adults Only Lane Swim
 13:15 - 14:15 Inflatable Session
 14:30 - 15:30 Public Swim
 15:30 - 18:00 **Swimming Lessons**
 15:30 - 17:00 Public Swim (space shared with lessons)
 18:00 - 19:00 Adults Only Lane Swim
 19:00 - 20:00 Tyne Triathlon Club
 19:00 - 21:00 Artistic Swimming (deep end only, 13th April)
 20:00 - 21:30 Public Swim / **Aquafit**

Tuesday

06:00 - 09:30 Adults Only Lane Swim
 09:30 - 11:45 Public Swim
 12:00 - 13:00 Adult Only Lane Swim
 13:15 - 14:15 **Easter Camp (no public)**
 14:15 - 15:15 Inflatable Session
 15:30 - 18:00 **Swimming Lessons**
 18:00 - 19:00 Adults Only Lane Swim / **Adult Swim Lessons**
 19:00 - 20:00 Public Swim
 20:15 - 21:45 Male Only Session

Wednesday

06:00 - 09:30 Adults Only Lane Swim
 09:30 - 11:45 Public Swim
 12:00 - 13:00 Adult Only Lane Swim
 13:15 - 14:15 **Easter Camp (no public)**
 14:15 - 15:15 Inflatable Session
 15:30 - 18:00 **Swimming Lessons**
 18:00 - 19:00 Adults Only Lane Swim/ **Rookies**
 19:00 - 20:30 Public Swim / **Aquafit**
 20:30 - 21:30 Divecor

Thursday

06:00 - 09:00 Adults Only Lane Swim
 09:00 - 10:00 Family Swim
 10:00 - 10:45 AquaFit
 10:45 - 11:45 Public Swim/ Deep Aquafit
 12:00 - 13:00 Adult Only Lane Swim
 13:15 - 14:15 **Easter Camp (no public)**
 14:15 - 15:15 Inflatable Session
 15:30 - 18:00 **Swimming Lessons**
 15:30 - 17:00 Public Swim (space shared with lessons)
 18:00 - 19:00 Adults Only Lane Swim/ **Adult Swim Lessons**
 19:00 - 21:00 Public Swim

Friday

06:00 - 09:30 Adults Only Lane Swim
 09:30 - 11:45 Public Swim
 12:00 - 13:00 Adult Only Lane Swim
 13:15 - 14:15 Inflatable Session
 14:30 - 15:30 Public Swim
 15:30 - 18:00 **Swimming Lessons**
 15:45 - 16:45 Public Swim (space shared with lessons)
 16:45 - 17:45 Adults Only Lane Swim (1 lane)
 18:00 - 19:00 Tyne Triathlon Club
 19:15 - 20:45 Female Only Session* (children allowed)

Saturday

08:00 - 09:00 Adults Only Lane Swim
 09:00 - 12:30 **Swimming Lessons**
 09:00 - 11:30 Public Swim
 12:45 - 13:45 Family Swim
 14:00 - 15:00 Inflatable Session
 15:15 - 16:15 **POOL PARTY HIRE SLOT**
 16:30 - 17:30 Lane Swim

Sunday

08:00 - 09:00 Adults Only Lane Swim
 09:00 - 12:00 **Swimming Lessons**
 09:00 - 12:00 Public Swim
 12:15 - 13:15 **POOL PARTY HIRE SLOT**
 13:20 - 14:20 Inflatable Session
 14:30 - 15:30 Family Swim
 15:30 - 16:30 Disability Friendly Swim

Where public swimming and swimming lessons are together, public space is limited to one third of the pool.

Swimming Lessons

Parent and Baby 0*-18 months (*after first injections)
 Parent and Child 18 months to 3 years old
 Childrens swimming lessons from 4 years old
 Adult swimming lessons
 All with a qualified swimming instructor following the Swim England Learn to Swim programme.

*Friday night Ladies Only boys must be 7 years old or under.

Please Contact Reception for more information

Timetable subject to change